

**MES**  
**September**  
**BREAKFAST MENU**  
**2023-24**

**TUESDAYS:** Cereal  
Yogurt  
Cheese Stick  
Juice/Fruit  
Milk

**WEDNESDAYS:** Donuts  
Cheese Stick  
Juice/Fruit  
Milk

**THURSDAYS:** Cereal  
Yogurt  
Cheese Stick  
Juice/Fruit  
Milk

**FRIDAYS:** Muffins  
Cheese Stick  
Fruit/Fruit  
Milk

**This institution is an equal opportunity provider.**